



Northern Nevada Breastfeeding Coalition

Monthly Newsletter

June 2nd, 2020

To our Coalition Members,

I started this newsletter in a time of crisis, as a way to reach our members while we were forced to remain separate from each other. And today, while we still grapple with the fear of a virus and economic instability, we find our black community members under attack. I, along with my fellow coalition members, find myself in shock over the events that have taken place over this past week. I find myself grieving for the men and women who have lost their lives to senseless violence and lost over how to support a movement to uplift and empower my fellow humans.

I am proud to be a member of a coalition that is committed to being an ally to the black community. Our coalition has always stood for equality and seeks to improve standards of care in lactation for all members of our community. Last year, we had our first celebration of Black Breastfeeding Week and we further committed to giving a voice to this community through celebration for the years to come. Now we will stand for human rights and the rights for our black and brown bodied community members.

As a white woman, I strive to understand my privilege for what it is. With that, I hope to not drown out the voices of those who need to be heard at this time. There is much work to be done, and we are an agency committed to change. It is my hope that the rest of this community can stand with us to help uplift the mothers that need our support during this time.

Alex Gunter
Vice President

NOTICE OF OPEN POSITION

The coalition received notice from a board member that they were no longer able to fulfill their duties for this year due to personal matters. For this reason, we have an urgent need for someone to join our team as Secretary for the remainder of the 2020 year.

Due to the urgent need to fill this position, we ask that you submit any nominees by June 9th, 2020. Per our bylaws, a vote will take place among the board and we will announce our new secretary on June 10th.

Monthly Meetings are Resuming in July!

After a long three months away from our lovely members, we have decided to resume monthly meetings over zoom. We hope that you will join us from the safety of your own environment until we can safely meet again in person.

Please note that this meeting is under password for security reasons and the password will not be published on social media, but we are happy to share access with anyone who requests.

Topic: Northern Nevada Breastfeeding Coalition Monthly Meeting-July

Time: Jul 7, 2020 12:00 PM Pacific Time (US and Canada)

Join Zoom Meeting

<https://us02web.zoom.us/j/6814830292?pwd=Sit0MWswR1ZlEVhdUzczZ4NkllZDZ0>

Meeting ID: 681 483 0292

Password: 3nA3Y5

If further information or assistance is needed to access this Zoom meeting, please reach out to us.

Updates on Annual NNBC Events

The Fall Education Event is Canceled.

It was another tough decision to make but the coalition is committed to offering the highest quality of events while keeping our community safe and we decided it would be irresponsible to ask our community to come together at this time. While a virtual event was discussed, there have been a huge influx of high quality, inexpensive events that are now available to us as other organizations work to adjust to the current need for distancing and virtual events. We hope that the practitioners in our community find opportunities for growth and education from the safety of their homes.

Virtual Latch On Planning is Underway!

Community outreach and awareness is so important for our organization and creating a place to celebrate breastfeeding relationships online is one thing we are confident we can do at this time. Our virtual event will take place on August 1st, 2020 and we have started advertising this event. The coalition is reviewing t-shirt designs for infant onesies and toddler t-shirts and options for printing. We plan on having pick up stations around town. Based on feedback from local mothers- there is already a buzz. Additionally, while there has always been a virtual option through the Global Latch On, this is the first time Northern Nevada will come together in this capacity. We hope to reach many more families through this platform. Be on the look out for more information and volunteer opportunities!

There will be a 2021 Calendar.

The coalition still plans on publishing a calendar for 2021. As this is always a big undertaking, we make slight changes every year. We are discussing options for collecting photos, including a possible call for photos from the public and a distanced photoshoot for local families. As we have collaborated with the South in the past, the coalition will reach out to Southern Nevada to see if they would like to be included this year.

Treasurer's Update

Our financial outlook for 2020 is still positive. The coalition has not seen any large shifts so we should be able to continue operating as expected.

Now that the state is beginning to open up there is the potential for small fundraising and community outreach! If any of these happen the coalition is prepared and ready for action but we will continue to take care that we are practicing safe social distancing and following the latest government recommendations as we slowly venture back out into the community!

Stay safe!

Jennifer Delaney, Treasurer
Jennifer.nevada@gmail.com

State Update

There is no new information from the state this month. The coalition and state has plans to connect later this month.

Education Spotlight

We would light to highlight this April, 2020 article, published on Nurse.org:

Nurses Share Tips To Breastfeed & Pump While Working During COVID-19

This article reviews precautions pumping mothers should take when they are at risk for exposure to COVID-19. It highlights a need for precaution beyond the typical steps for safe and cleanly pumping practices and reaffirms the benefits of continuing to pump and breastfeeding during a pandemic. [Please continue on to the article for more information.](#)

For information on breastfeeding and pumping during possible or known coronavirus exposures, please see the [CDC recommendations here.](#)

Thank you to Desaree Wroblewski for submitting this article for our education spotlight this month. If you would like to contribute to future newsletters or speak at a future coalition meeting, please reach out to us.